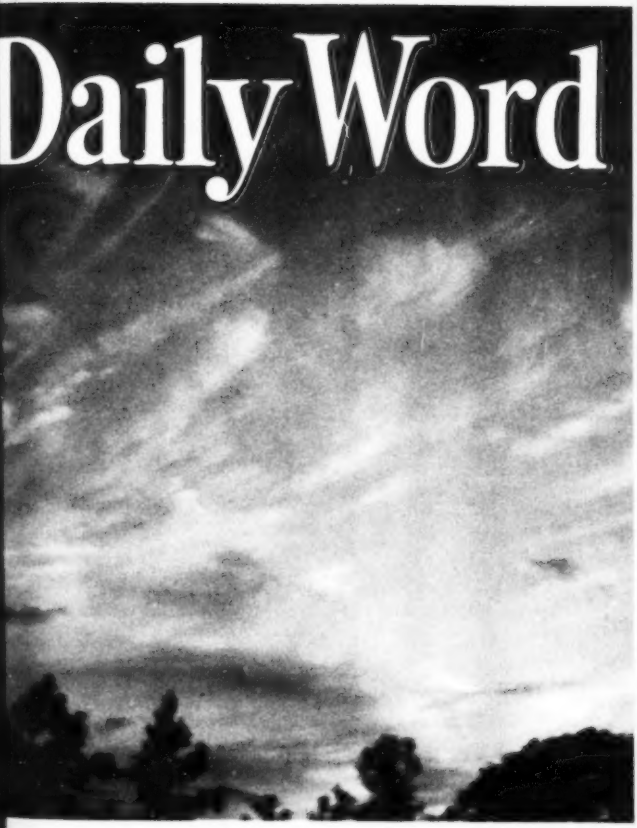
Daily Word



A UNITY PUBLICATION
MARCH 1952

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, understanding, and right action for the good of all mankind.

•

FEB. 20 to MAR. 19

ILLUMINATION (11 a. m.): I give attention to the intelligence of my indwelling Christ, and I walk in the way of Truth.

•

PROSPERITY (12 noon): My inheritance from the Father is my all-sufficiency in all things. My prosperity is assured.

•

HEALING (9 p.m.): Jesus Christ, yesterday, today, and forever, God's perfect idea of man, restores me to health and wholeness.

MAR. 20 to APRIL 19

ILLUMINATION (11 a. m.): The quickening power of the Holy Spirit is active in me, and the radiant light of Christ makes plain my way.

•

PROSPERITY (12 noon): The superabundant riches of the Christ mind are mine, and I am prospered in all ways.

•

HEALING (9 p. m.): "Jesus of Nazareth passeth by." Touching the hem of His garment of Truth, I am healed.

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DAILY WORD

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Vol. 56 MARCH, 1952 No. 3

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In Quest of Truth

Question: What does God expect of a person He has revealed Himself to? I want to work with God. I want Him to express His Spirit through me, but I still seem to cling to something else—in other words, I think God is having a tough time with me.

Answer: To be made free from any mortal limitation, ask the Spirit of truth within you for light and dominion. Then act on its inspiration. Never cut off your freedom by fearing that it will not be demonstrated in the outer. On the other hand, rejoice that you are free in Spirit and in Truth, and you will demonstrate the power and mastery of Spirit.

If there is anything you feel that you ought to do, yet fear to do, do that thing. The doing will set you wonderfully free. You might affirm power and ability always, but until you put your power and ability to use you remain bound. Take your freedom, give thanks for it, glory in it, and use it. There is no other way. Do it now. Do not put off your day of salvation.

Lose sight of self, and begin to consider what

you can do for others. Do everything you can think of that will bring the light of Truth to those who are waiting for it. Interest yourself in spiritual work, so that you will do it freely, spontaneously, without stopping to argue with yourself about it.

There is a saying that the man who hesitates is lost. We do not believe in being lost, but the one who hesitates certainly is handicapping himself if he allows the habit of hesitating to become fixed.

"Where he leads me I will follow," does not mean to go back to Galilee, but to follow in the mental and spiritual steps of Jesus. By following Him we attain the same place that He attained: the consciousness of God. To do this, it is necessary to take on His attitude of mind, realizing not only His power but His meekness. Jesus said, "All authority hath been given unto me" and "I am meek and lowly in heart."—*Freedom,* a Unity pamphlet.

Question: I have noticed reference to "your spiritual assets" in many issues of your magazines. However, you do not state what these assets are nor how they can be used.

Can you enlighten me just what you mean by spiritual assets?

Answer: When you count your assets, when you

look at the inner resources upon which you can draw in time of need, you will find that you are richer by far than you ever dreamed of being.

First of all you have a tremendous asset in your ability to be loving. No matter what the problem, no matter what the circumstances, you can be loving.

Another of your assets is that you can be understanding. Push back the clouds of ignorance and doubt by calling forth your ability to understand. Hurts, slights, misconceptions, suspicions, injustices melt before the sun of understanding. . . .

It is a great asset that you can use wisdom. You have the privilege of deciding whether to meet your problem with prejudices, snap judgment, and careless decisions or with wisdom, common sense, and good judgment. The birth of your wisdom is in your decision to use the wisdom you possess. . . .

An asset you may not realize you possess is your ability to be courageous. You may feel afraid, but courage is one of the inner assets you can count on. Despite your fears, try to face the issues of your life with courage. He is bravest who keeps on even though he is afraid. You will find you can do it if you will but try, and you will be surprised at how quickly your efforts to be courageous melt your fears. . . .

You have another asset that can transform a hostile world into a kindly universe, that can make you feel hope in the midst of despair. That asset is faith. Faith is the knowledge that high above the storm clouds darkening your world the sun is shining as brightly as ever. Faith tells you that no matter what the circumstances, God is present in all His power.

You have God as your supreme asset. You can always turn to Him. He is your one great asset, the sum total of all your assets. It is God within you that is your love, understanding, wisdom, courage, faith. That is why you can always depend on your assets; they are God Himself.

These assets we have mentioned are but a few of your assets. You have many more—patience, kindness, honesty, good will, diligence, cheerfulness, to name but a few. They make the credit side of your life's ledger far outweigh the debit side.

There is one more asset that has been saved until the last: prayer. Prayer is more than an asset; it is the key to the development of all your assets. No matter what problem you are faced with, no matter how annoying or how overwhelming it may seem, you always have the ability to pray about it.—Excerpted from *Your Assets; James E. Sweaney.*

Renew Your Youth

YOUTH is not a time of life; it is a state of mind. It is not a matter of ripe cheeks, red lips, and supple knees; it is a temper of the will, a quality of the imagination, a vigor of the emotions. It is the freshness of the deep springs of life.

Youth means a temperamental predominance of courage over timidity, of the appetite for adventure over the love of ease. This often exists in a man of fifty more than a boy of twenty.

Nobody grows old by merely living a number of years. People grow old only by deserting their ideals.

Worry, doubt, self-distrust, fear, and despair, these are the long, long years that bow the heart and turn the greening spirit back to dust.

Whether sixty or sixteen there is in every human being's heart the lure of wonder, the sweet amazement at the stars and at starlike things and thoughts, the undaunted challenge of events, the unfailing childlike appetite for what next, and the joy of the game of living. You are as old as your doubt, as young as your faith; as old as your fear, as young as your self-confidence; as old as your despair, as young as your hope.

In the central place of your heart is an ever-

green tree. Its name is love. So long as it flourishes you are young. When it dies you are old. In the central place of your heart is a wireless station. So long as it receives and radiates messages of beauty, hope, cheer, grandeur, courage, and power from God and from your fellow men, so long are you young.—*Author Unknown.*

Promises of Renewal

Bless Jehovah, O my soul;
And all that is within me, bless *his holy name.*
Bless Jehovah, O my soul,
And forget not all his benefits:
Who forgiveth all thine iniquities;
Who healeth all thy diseases;
Who redeemeth thy life from destruction;
Who crowneth thee with lovingkindness and tender mercies;
Who satisfieth thy desire with good things,
So that *thy youth is renewed like the eagle.*

—Psalms 103:1-5.

They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint.—Isa. 40:31.

Silent Unity and You

THE PROMISE IS "Whatsoever ye shall ask in prayer, believing, ye shall receive." In the sixty years of our ministry we have seen God solve every kind of problem and heal every kind of sickness, and we say with absolute assurance, "God answers faithful prayer."

Silent Unity is the name by which one hundred people prefer to serve, because it is a name that lifts us out of a personal service into a universal one.

All day, all night, here in the Silent Unity prayer room someone is keeping the vigil of prayer. Here is a heart in tune with God, a heart that reaches out to all who are in need. You can join in prayer with us at any time and you can be sure that you will receive not only the prayers of the workers here but also the blessings of the thousands in every part of the world who write to us and pray with us.

Silent Unity has been able to help people everywhere until today its ministry encircles the earth, linking it round with a living chain of prayer. Those who write to us write not only to ask for prayers but also to tell us of bodies rebuilt, lives renewed, faith restored, prosperity and happiness re-established. Some who have written to us have

found instant access to God's power; some have had to learn how to unify themselves with Him. But our experience has proved beyond a shadow of doubt that perseverance in prayer brings good results.

When we in Silent Unity pray we seek to place ourselves in harmony with God, to align ourselves with His all-powerful Spirit of good. Whatever we may be doing, meeting together, answering letters, or praying, we know that God is with us. It is not we of Silent Unity but God in us who "doeth his works."

We are glad to pray with you and to send you instructions to enable you to pray with us.

The moment your heart reaches out for help in prayer, in that moment you are infolded in the infinite love of God. The moment you turn to Silent Unity in need, from that moment we are with you.

In the darkest night there is a light in Silent Unity. Someone is at prayer there. Those prayers go out to you.

"Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father who is in heaven. For where two or three are gathered together in my name, there am I in the midst of them."

Saturday

I HAVE FAITH IN GOD AND IN HIS POWER WITHIN ME TO BLESS EVERY SITUATION IN MY LIFE AND TO FULFILL ALL MY NEEDS.

IF THERE is some situation in your life that troubles you or seems to evade solution, release it now into the care and keeping of God and let Him reveal the perfect solution to you. If you need direction or guidance, go to God. If you need harmony in your affairs, seek God's peace. If you need health, supply, or any other blessing, you may be sure of help when you turn to God.

Oftentimes circumstances in our life cause us to become discouraged and disheartened. If it were not for the assurance that God is with us, no matter what the appearances may be, we should be tempted, many times, to feel sorry for ourself. Even though outer sources may fail, God is always with us; He is our help in every need. His wisdom and strength are ours for the asking. He has a way of blessing our efforts and bringing forth His good in our life when we place our trust in Him.

♣ *I, Jehovah thy God will hold thy right hand . . . I will help thee.*—ISA. 41:13.

Sunday

"THE ETERNAL GOD IS *THY* DWELLING-PLACE, AND UNDERNEATH ARE THE EVERLASTING ARMS."

IN every experience I remember that the eternal God is my dwelling place, that underneath are the everlasting arms.

I never feel unsupported, alone, bereft as I rest in the Almighty and rely on Him. When change comes I meet it fearlessly, for I know that no matter where I go, no matter what I am called upon to do, God is with me, unchanging love, unfailing power.

If the experience of a dear one has caused me grief, I remember that the eternal God is his dwelling place, that he is sustained and supported by the love of the Eternal.

My dwelling place is God. I live and move in Him. He is the light that guides my way, the power that moves through me, the life that strengthens me, the love that sets me free. Underneath are the everlasting arms. I cannot fail nor fall.

The eternal God is thy *dwelling-place,*
And underneath are the everlasting arms.
—DEUT. 33:27.

Monday

GOD IS WITH ME TODAY. NOTHING IS IMPOSSIBLE, FOR HE IS AT MY SIDE EVERYWHERE I GO.

TODAY I face new situations; but I have nothing to fear, for God is with me each step of the way.

I remember the story of Joshua, who was selected to lead a great nation. He felt inadequate as a successor to the mighty Moses until he realized that God who had guided Moses was also guiding him. What was there to fear?

God knows the path ahead. At times this path may seem unfamiliar and strange to me; but the One who walks beside me knows the way, and I rely on Him.

God is with me always. Throughout this day I will remember that He is near me; and if I meet difficult situations, I will call on the unchanging presence of God within me.

With God the way ahead is bright and promising; with Him I am more than a conqueror. No path is fearsome, nothing is impossible, for He is at my side everywhere I go today.

Be strong and of good courage . . . for Jehovah thy God is with thee whithersoever thou goest.—JOSH. 1:9.

Tuesday

THROUGH THE CHRIST IN ME I AM LOVING AND FORBEARING AT ALL TIMES, UNDER ALL CIRCUMSTANCES.

IT IS easy to be loving and forbearing when things go smoothly, when we live and work with congenial persons, when harmony and peace reign in our world. But it is not so easy to be loving and forbearing when we encounter difficult situations, when we live and work with persons who seem critical, unjust, or overbearing.

How do we develop patience; how do we learn to be forbearing, to possess our soul in peace? The way to develop any good quality in ourself is to use it, to practice it. No matter how much we affirm the idea that through the Christ in us we are loving and forbearing at all times, under all circumstances, it has no real meaning for us until we work with it in our everyday living, until we practice being loving and forbearing.

Potentially we have the nature of Christ. We possess it in its fullness by expressing His Spirit toward everything and everyone.

♣ *Thou, O man of God . . . follow after righteousness, godliness, faith, love, patience, meekness. Fight the good fight of the faith.*—I TIM. 6:11.

Wednesday

I HAVE FAITH IN SPIRIT IN ME WHICH IS AGELESS, ETERNAL, INDESTRUCTIBLE.

THERE IS no age in Spirit. In order to know the inner buoyancy of youth, in order not to feel inhibited and weighed down by the passing of years, we must keep our mind open and receptive to change. We must learn to live in the present, to enjoy the experiences of every day.

God has given us the privilege of thinking of ourself in any way we choose. We can think of ourself as subject to old age and deterioration, or we can think of ourself in terms of our essential spirituality.

A person who considers himself one with the basic life and intelligence of the universe does not consider himself limited by his own or any other person's present knowledge and experience. He feels that it is possible for him to maintain a youthful, vigorous mind and body, a resilient, believing, adventurous spirit.

Spirit in us is ageless, eternal, indestructible.

♣ *As Christ was raised from the dead through the glory of the Father, so we also might walk in newness of life.* —ROM. 6:4.

Thursday

DIVINE ORDER AND HARMONY ARE ESTABLISHED IN MY LIFE AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

EVERY person has within himself the power to bring forth order and harmony in his life and affairs. This power does not come to us through personal effort, but it is inherent in us. We call it forth by unifying ourself with God in prayer, by recognizing His indwelling Spirit as the true source of our help, by letting Him guide and direct us in the way of our good.

The indwelling Spirit of Christ is my source of wisdom, my strength, my faith, my peace. His Spirit in me helps me to think wisely and clearly and gives me the strength to follow my inner leading. The indwelling Spirit of Christ strengthens my faith and enables me to look beyond inharmony and confusion and to know that nothing can prevent the outworking of the good that God has in store for me. The power of the indwelling Christ brings peace and order to my mind, body, and affairs.

♣ *Yet am I with you in the spirit, joying and beholding your order, and the stedfastness of your faith in Christ.* —COL. 2:5.

Friday

TODAY MY LIFE WILL BE A LIVING PRAISE TO GOD.

TODAY I will make my life a living praise to God.

I will praise God by my kindness. There is always someone who needs the lift that comes from an act of brotherliness. My kindness will provide such a lift. Every time I do something for the benefit or blessing of another I show forth more of the Spirit of Christ. My life and his life are better because of it.

I will praise God by my peace of mind. Many persons are confused by the affairs of life, by the politics and economics and militarism of our age. In the midst of this confusion I can bring true peace of mind, the peace that praises God.

I will praise God by my spirit of faith. Some persons I meet today will be discouraged; some will dread tomorrow because they fear what it holds. My faith will help to assure them that tomorrow can be good, for God is with us now, tomorrow, always.

My lips shall praise thee.
So will I bless thee while I live.
—PSALMS 63:3, 4.

Saturday

I BEHOLD THE CHRIST IN YOU. I WILLINGLY SET YOU FREE TO LIVE YOUR LIFE IN THE WAY THAT GOD DIRECTS.

WHEN WE behold the Christ in another person we recognize within him a Spirit that guides and directs him in the right way. Rather than be anxious about another, we need to give him freedom to express himself according to the dictates of his own indwelling Spirit.

One of the hardest things that most of us have to do is to stand aside and allow a loved one to live his life in a way that perhaps does not meet with our approval. It is our tendency to try to set him on what we consider the right path or to alter his course in life so that it follows our concept of what is right.

When we are tempted to interfere in the life of another person we need to remember that he has a Spirit in him that guides and directs him in the way of his highest good. It is good to lend a helping hand when it is needed, but we should not feel personally responsible for the well-being of another. Our trust must be in God within him.

♠ *Not as I will, but as thou wilt.*—MATT. 26:39.

Sunday

I LET THE HARMONIZING SPIRIT OF GOD WITHIN ME DIRECT AND CONTROL MY WORLD.

I PLACE every seeming problem in my life in the hands of the Father. I refuse to be anxiously concerned about anything. I remember that God is able to adjust everything. I let go of fear and keep my attention trustingly on Him. Nothing is too complicated or too distressing for the Spirit of God to adjust or restore to harmony. God always has the perfect solution for every situation that arises, whether I can see the way or not. Everything will work out for the good of all concerned if I but trust God.

This applies to personal differences, too. If any human relation causes me alarm, disappointment, bewilderment, or hurt, even though I may be largely to blame, I need not fear, for God knows the answer and will lovingly take charge of the whole matter and guide all concerned to do that which is for the highest good. I let the harmonizing Spirit of God within me direct and control my world.

♣ *For in the day of trouble he will keep me secretly in his pavilion.*—PSALMS 27:5.

Monday

I WILL TAKE TIME TO PRAY.

IF YOU are continually pressed for time, take time to pray. Begin each day with prayer.

You may say to yourself, "I am so busy today, I have no time to pray." You would not consider going without food for the nourishment of your body, neither should you fail to partake of the spiritual nourishment and strength that prayer provides. Regardless of how pressed for time you may be, keep your daily appointment with God. Listen to His counsel and guidance, for He has much to give you. Patience in dealing with others, poise, kindness, and an understanding heart are the spiritual qualities that God invests in those who are faithful in meditative prayer.

When you awake turn to God and say: "Thank you, God, for a new day, a new beginning. I will carry a prayer of joy in my heart all day long."

As you work with a prayer in your heart, you accomplish in an orderly, poised manner the many things that are required of a busy person.

In the morning shalt thou hear my voice;
In the morning will I order my prayer *unto thee, and will keep watch.*

—PSALMS 5:3.

Tuesday

THE JOY OF THE LORD FILLS MY HEART AND TRANSFORMS MY WORLD INTO A PLACE OF HAPPINESS AND WELL-BEING.

HAPPINESS is the desire of all persons; it is sought after in all walks of life. While most of us find a certain degree of happiness, yet we would be far happier if we realized that happiness is actually a state of mind.

In our search for happiness we must first find God. When we have found Him as the answer to our longing we realize that regardless of circumstances God is directing us in the way of our highest good.

If you have a troublesome problem or if there is conflict in your world, remember that God is the way to serenity and peace of mind. When you have found Him you will recognize Him as the joy that wells up within your heart. Your mind will be quickened, and your entire being will be filled with joy. The joy of the Lord will overflow into your environment, and you will be not only happy in yourself but you will radiate happiness to others.

♣ *Jehovah, lift thou up the light of thy countenance upon us.*—PSALMS 4:6.

Wednesday

THROUGH THE CHRIST IN ME I AM RELEASED FROM ALL BONDAGE. I AM FREE FROM EVERY LIMITATION.

IF THERE is a need for freedom in your life or in the life of someone dear to you, you can, through your understanding and use of the divine power within, free yourself and help to free others. You can do this by affirming that the Christ is within you, that He is within the one you would help, constantly satisfying your every need and giving you the power and authority to step forth into a new life.

No one can be bound by habit, by circumstances, by other persons when he realizes that the freedom he longs for is his divine birthright.

The Spirit within transcends all limitations, it recognizes no obstacles.

Through Christ in us we are released from all bondage. We are freed from every limitation. No negative belief can remain in our mind; no negative condition can remain in our body or affairs. It is our God-given right to be free, to be strong, to be secure. It is our God-given right to be happy and satisfied.

• *The truth shall make you free.*—JOHN 8:32.

Thursday

I LET THE RADIANT JOY OF THE LORD SHINE THROUGH ME.

GOD IS my defense and my deliverance. God is capable of adjusting every situation in my life. All things are possible to Him, and nothing is impossible to me as I keep my vision upon His omnipresence. For this reason I am joyous.

My joy is eternal because it is founded primarily on my awareness of the changeless Spirit of good within me, and I let joyousness flood over into my outer activities. In my work, in my recreation, in my social contact I ever rejoice that God is with me.

I let His Spirit shine through my face and attitudes. I let the joy of the Lord sound cheerfully through my voice.

When I am tempted to become tense with a sense of responsibility, when I am inclined to take things too seriously I relax and remember that God is in charge. I let the radiant joy of the Lord shine through me.

Know ye that Jehovah, he is God:
It is he that hath made us, and we are his.
—PSALMS 100:3.

Friday

GOD'S LAW OF ADJUSTMENT GOVERNS AND HARMONIZES EVERY DETAIL OF MY LIFE.

TODAY I place myself and all my affairs in God's hands, knowing that His law of adjustment governs and harmonizes every detail of my life. I know that I can trust Him. I rest in the assurance that His love and wisdom are with me. There is no condition or situation to which His love cannot bring harmony and understanding. There is no situation in which His law of adjustment cannot be relied upon to bring about good. I need only to be still and know that God is in control.

When I am faced with a problem I remember that God perfects all things and that orderly progress is the law of life.

Even while I sleep God is working in me, and I am relieved of any sense of burden, anxiety, or fear; I am at peace within myself and with all persons. I bless all those in my world and know that God's law of adjustment is working for them as it is for me and that the good of one cannot interfere with the good of another. This is my assurance of justice, harmony, order, and love.

♣ *All things work together for good.*—ROM. 8:28.

Spring Song

ANOBEL ARMOUR

Softly a green wind touches all the world:
Down snow-thatched lanes the lovely bluebirds sing,
The little buds of trees are half uncurled;
These are the first announcements of the spring.

But loving hearts know springtime all year through,
Finding no wintertime on all the earth,
When each day brings so many things to do,
When each day is a dawn and a rebirth.

For it is springtime when one makes a friend
And it is springtime when one gives a part
Of life itself and service without end—
Love is the constant springtime of the heart.

GOD'S HEALING, FREEING, GUIDING SPIRIT IS PRESENT IN US.

IF THERE is someone you long to help, pray for that person. When you pray for another you give him the very highest and best of your thought and feeling. When you pray for another you are filled with a spirit of love and helpfulness; and if there is something in the way of outer help you can give him, you are shown what to do and how to do it. When you pray for another person you are lifted above your fear for him and quickened with a new sense of the great potentialities he possesses.

The living Spirit of God dwells in everyone. When we pray for another we affirm the presence of this Spirit, we help him to release the spiritual power in him. To pray for another brings wisdom to the puzzled and confused, gives comfort to the saddened, gives support to the weak.

Pray for those you would help. You may not be able to explain the workings of prayer, but you will feel the blessing of your efforts and you will communicate love and faith to those for whom you pray.

♣ *The prayer of faith shall save him.*—JAS. 5:15.

Sunday

NO MATTER WHERE I AM GOD IS WITHIN ME AND AROUND ME.

I AFFIRM that God is present in all His fullness. Not just a part but all of God is within and around me. Since God is everywhere present, all persons and conditions are immersed in the fullness of His invincible power and presence.

I affirm that God is present in all His fullness in all people everywhere. I will not separate myself from other persons because I have momentarily lost sight of the Spirit of God within them. I will not become warped or critical, prejudiced or condemnatory concerning places and situations that outwardly seem to lack divine Spirit.

Rather, I will remember that wherever I go, whomever I meet, whatever the circumstances, God in all His fullness is present.

God is present in every part of the world; every person is a beloved child of God—all share equally in the fullness of His presence.

Whither shall I go from thy Spirit?
Or whither shall I flee from thy presence? . . .
If I make my bed in Sheol, behold thou art there.
—PSALMS 139:7.

Monday

I ESTABLISH MYSELF TODAY IN—

The power of God to guide me,
The might of God to uphold me,
The wisdom of God to teach me,
The eye of God to watch over me,
The ear of God to hear me,
The word of God to speak for me,
The hand of God to protect me,
The way of God to lie before me,
The shield of God to shelter me,
The host of God to defend me,
Christ with me, Christ before me,
Christ behind me, Christ within me,
Christ beneath me, Christ above me,
Christ at my right, Christ at my left,
Christ in breadth, Christ in length, Christ in height,
Christ in the heart of every man who thinks of me,
Christ in the mouth of every man who speaks to me,
Christ in the eye of every man who sees me,
Christ in the ear of every man who hears me.

—*Prayer of Saint Patrick.*

♣ *Christ in you, the hope of glory: whom we proclaim.* —COL. 1:27.

Tuesday

MY TRUST IS IN GOD. I AM SERENE, POISED, AND ASSURED.

I REFUSE to become tense or anxious about anything in my life or in the life of any other person. I overcome thoughts or feelings of tenseness by reminding myself constantly that God is in charge of my life and affairs, that He is with my dear ones also, and that He blesses, guides, heals, prospers and makes all things right.

I am serene, poised, and assured. I say this to myself as I begin this day. I remind myself of it throughout the day as situations arise that threaten to disturb my calm, throw me off balance, or lessen my self-reliance. None of these things move me, for I am serene, poised, and assured. With this affirmation ever before me, I am relaxed, I am at peace.

My trust is in God. I am serene, poised, and assured. From a personal standpoint there may seem to be many things to be done, there may seem to be reasons for unrest or tension, but I lift my thought above the personal to the divine. My trust is in God, who never fails me. I know that all is well.

♠ *Be not anxious.*—MATT. 6:25.

Wednesday

LOVE IS THE ARMOR OF GOD. I PUT IT ON TODAY.

I COMMUNE with God within my soul. In wordless adoration I lift my heart to Him. In communion with Him I feel His divine love surrounding me. Fear is gone, never to return.

I am restored and renewed as I go out into the world of men again to do my daily tasks. Perhaps I travel the seas, perhaps I keep a home, perhaps I take my place in battle—but I do not fear. His armor of love is about my shoulders. Ten thousand shall fall at my right hand, but destruction shall not come nigh me. Pestilence and fire may destroy, yet they shall not touch me. I am under the shadow of His wings, wrapped in the mantle of His love. I belong to Him; He belongs to me. Nothing can separate my spirit from His Spirit; nothing can penetrate the armor of His love.

I step forward this day, unafraid, eager to meet the challenges of the world; eager to prove His love, His faith, His joy, and His kingdom here on earth.

♣ *Thou, O Jehovah, art my refuge!*—PSALMS 91:9.

Thursday

THE QUICKENING POWER OF THE HOLY SPIRIT IS ACTIVE IN ME, AND THE RADIANT LIGHT OF CHRIST MAKES PLAIN MY WAY.
—UNITY ILLUMINATION THOUGHT.

WHEN OUR faith and understanding seem to be inadequate and we do not know what to do, we need to become still and meditate upon the power of the Holy Spirit in us. As we affirm our faith in the Spirit in us, we are quickened in mind and spirit, and our way is made plain and bright before us.

We are illumined in our mind; God speaks to us through ideas. We need never feel that any situation is impossible, for the quickening power of the Holy Spirit, active in us, reveals Truth to us, whenever and however we need it.

Ideas are flowing from the mind of God continually. We can make practical use of them by acting on them as they come to us, by being open and receptive continually to the understanding of the Holy Spirit.

Whenever there is something we do not understand, let us affirm, "The quickening power of the Holy Spirit is active in me."

♣ *I am the light.*—JOHN 8:12.

Friday

THE SUPERABUNDANT RICHES OF THE CHRIST MIND ARE MINE, AND I AM PROSPERED IN ALL WAYS.—UNITY PROSPERITY THOUGHT.

WHEN WE keep our faith in divine supply firm and strong we are blessed not only with abundance but with superabundance. The riches of the Christ mind encompass superabundant supply for every need of mind and body, and in Him there is no lack, but riches unending.

Whatever our need, whether it be for a job, a home, money for taxes or bills, the truth is that the superabundant riches of the Christ mind are ours. This means that the source of supply upon which we draw is limitless; that our supply comes to us not only according to our need but according to the superabundance of Spirit.

Our part is to have faith, to look to Him who is the author and perfecter of our faith.

God is the source of our prosperity. As we rely on Him, our needs are supplied abundantly.

♣ *If ye . . . know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him?*—MATT. 7:11.

Saturday

"JESUS OF NAZARETH PASSETH BY."
TOUCHING THE HEM OF HIS GARMENT OF TRUTH, I AM HEALED.—UNITY HEALING THOUGHT.

THE BIBLICAL account of the woman who was healed by touching Jesus' garment has helped thousands of persons to have greater faith in the power of God, which did wonderful works through Him. The woman had such great faith in the power of the Master to heal her that she said to herself, "If I do but touch his garment, I shall be made whole." When she touched His garment she was healed instantly. Jesus recognized that her faith had made her receptive to the mighty healing power of Spirit, for He said to her, "Daughter, be of good cheer; thy faith hath made thee whole." He thereby made it clear to us that her faith was the key to her miraculous healing.

We see in this account the beautiful assurance that if we have faith to touch the truth that Jesus taught we, too, shall receive healing. "Jesus of Nazareth passeth by." Have faith in Him and receive your healing now.

♣ *Daughter, be of good cheer; Thy faith hath made thee whole.*—MATT. 9:22.

Sunday

I KNOW NO LACK TODAY, FOR MY SUFFICIENCY IS OF GOD.

I KNOW no lack today, for I am a child of God. As I look out my window at the new day, I see a world of abundance. Its resources and wealth are beyond measure, and they belong to God.

The Psalmist gazed upon verdant fields and cried, "The cattle upon a thousand hills are the Lord's." To him such a thought was proof of the sufficiency of God. In our day the scientist finds unlimited power in the miscroscopic atom, he discovers daily some new store of wealth in the earth or in the air. The artist daily finds new beauty in the world around him. Everywhere men are making discoveries that reveal anew the unending sufficiency of God.

God's sufficiency means much to me, for I am His child. What father denies his child anything that is within his power to give? Then surely I am blessed beyond measure; for I am a child of God, and His sufficiency is unlimited.

What is my need today? God has sufficient store to meet my need, whatever it may be.

♣ *Our sufficiency is from God.*—II COR. 3:5.

Monday

TODAY I USE ALL MY TALENTS IN GOD'S SERVICE.

TODAY I use all my talents, all my abilities for God.

I use my talent to smile warmly and sincerely. Joy lightens every burden, helps solve every problem. I smile no matter what my job, no matter what seeming reason I have for being downhearted. My smile spreads, for joy is contagious!

I use my talent for pouring forth love. I love those who seem unlovable as well as those who are easy to love. Poured forth wordlessly, my love—divine love expressed through me—fills my home with His presence. Divine love expressed through me is like oil on troubled waters in a crowded council room or committee meeting. Divine love expressed through me brings comfort to a sorrowing heart.

I serve however I can, in large ways or in small ways. I may feel that I have no great talent, but as I use all my talents in God's service I am blessed and I bring a blessing to others.

♣ *Inasmuch as ye did it unto one of these my brethren,* even *these least, ye did it unto me.*—MATT. 25:40.

Tuesday

THE CHRIST SPIRIT WITHIN ME IS ETERNALLY RENEWING AND RESURRECTING MY ENTIRE BEING.

MY BODY was created to be eternally renewed. It was created to be eternally young and active.

It was created to express the glory and perfection of the Christ within.

I believe that the Christ life flows mightily through every cell of my body. I believe that my body is completely alive with the radiant life of Spirit. I believe that there is a continuous process of revitalization going on in my body, that my faculties are renewed with the passage of time. My joy and my youthfulness depend on Spirit within me, which knows no age or infirmity, and I affirm with all my being that the renewing life of Christ is the only activity eternally at work in every atom of my being.

Day by day and moment by moment I am unfolding more and more of the Christ perfection within me. With every passing hour my body is being renewed by the Christ Spirit.

♣ *I came that they may have life, and may have it abundantly.*—JOHN 10:10.

Wednesday

I AM IMPORTANT TO GOD. I HAVE A PLACE IN HIS WORLD.

To every person who feels that he is no longer useful, that he is no longer needed or wanted Silent Unity says: "You are important to God. You have a place in His world."

Sometimes we feel useless and unwanted because we resist change and cling to old patterns of thinking and living. We have not opened our mind to the possibility of our being useful in some other field of endeavor than that which has been familiar to us. We have not considered the possibility that even though those who formerly depended on us no longer need us there is always a need for the love and understanding, the wisdom and knowledge we have to give.

Your right place awaits you. You are needed. As you pray for light and guidance, you will see how you can serve, you will see that you are indeed needed.

And they that know thy name will put their trust in thee;
For thou, Jehovah, hast not forsaken them that seek thee.

—PSALMS 9:10.

I PRAY FOR AN UNDERSTANDING HEART.

AN understanding heart is the "pearl of great price." A person with an understanding heart is a person free from fear, condemnation, and hatred. He seeks to understand the needs of others and to say and to do that which clarifies and harmonizes differences.

A person with an understanding heart realizes that everyone is seeking satisfying fulfillment for his needs; that every person longs to be at peace within himself, that every person longs to feel that he has a secure place in the hearts and lives of others; that he has the opportunities to utilize his abilities, to earn sufficient income, to take pleasure and joy in living.

A person with an understanding heart affirms the strength of another and minimizes his shortcomings. A person with an understanding heart encourages those about him and inspires them to express tolerance, faith, effort, and creativeness. A person with an understanding heart finds meaning and purpose in life; he finds joy and satisfaction in everyday living.

♣ *Apply thy heart to understanding.*—PROV. 2:2.

Friday

GOD IS THE POWER THAT WORKS THROUGH ME TO HEAL, TO HARMONIZE, TO BLESS.

PERSONAL efforts to help or to heal, to bring harmony to human relations are often disappointing. It is when we try to work things out from a personal standpoint that we meet with resistance, that the problem remains unsolved.

God is the power that works through us to heal, to harmonize, to bless. When we have done all that we know to do or when we do not see how we can do anything to help a situation, our part is to turn the whole matter over to God, to say to Him, "God, you are the power. I have faith in You to bless this situation, to point out the perfect answer to me and to everyone concerned."

Worry over ourself or our loved ones leaves us as we turn everything over to God and remind ourself continually that God is the power that brings forth the answers to our prayers. We become receptive channels for God's good as we open our mind and heart to Him, and He is able to work through us to heal, to harmonize, and to bless.

• *Commit thy way unto Jehovah.*—PSALMS 37:5.

THE CHRIST LOVE FLOWS THROUGH ME TO EMBRACE ALL CREATION, AND I AM FREE FROM ALL CRITICAL AND UNLOVING THOUGHTS.

NONE OF us wants to be critical or unloving, unkind or inconsiderate of others. However, most of us never stop to realize how often our blessing is withheld from another person because we look at the human side and see nothing in him to love. When he handles a problem differently than we would we tend to be critical of him.

If we find that we are thinking critical and unloving thoughts, we need to turn within and let the love of Christ so fill our heart that there is no room for condemnation. As we learn to pattern our love after the Christ love, we become more considerate and thoughtful of others and we are able to make allowances for their shortcomings.

Let us resolve this day to behold all persons and all situations through the eyes of love. We shall be able to overcome all critical, condemnatory, unloving thoughts to the degree that we are able to express love.

❖ *Love one another.*—JOHN 15:12.

Sunday

ALL THINGS ARE WORKING TOGETHER FOR MY GOOD, AND I AM WORKING WITH THEM IN THE WISDOM AND POWER OF SPIRIT.

I DO not fear unjust treatment, for I know that in ways beyond my comprehension all things are working together for my good.

If there is some situation in my life that seems unjust, if there is some person in my life who seems unkind or unfair, I will not allow myself to dwell on the injustice or the unkindness, but I will say to that person or that situation in the silence of my soul: "There is no power in negation. I bless the good that is in you." This is one way in which I do my part to bring about justice and peace, this is how I work in the wisdom and power of Spirit.

There is no loss in Spirit; we cannot lose that which is our own, either materially or spiritually. If there seems to be a loss, we need to remember that in spite of appearances God's good is rushing in to fill the void, to recompense us for our seeming loss. "To them that love God all things work together for good."

♣ *We know that to them that love God all things work together for good.*—ROM. 8:28.

Monday

I JOYOUSLY SERVE GOD TODAY BY DOING MY BEST RIGHT WHERE I AM.

HAVE YOU ever thought that if you were somewhere else or that if things were different you could be happy? Wherever you are, whatever the circumstances of your life, you are with God. He could not be any closer to you in another place than He is right now—where you are—for God is within you. Today is a hallowed day, blessed by His presence. You can begin right now to serve Him by acknowledging His presence here and now, by drawing deeply upon His presence for strength, wisdom, peace, or whatever you need.

As you receive from God, you fulfill the law of love by giving your blessing to everything and everyone around you.

You serve God as you perform even the smallest task in a spirit of love and thanksgiving.

God needs you to express Him right where you are; otherwise, you would not be there. No one in the world but you can fill your place. So, stand still, rejoice, for God is with you where you are.

♣ *The place whereon thou standest is holy ground.* —EXOD. 3:5.

This Month IN UNITY

Ask and Ye Shall Receive

It is always a great inspiration to us here at Unity when we receive letters like this one from Virginia; we think you will get a blessing from it, too:

"I lost my husband during the war and soon afterward I went to Washington to go to work. My son was an infant and was ill a great deal. My income just was not enough to see us through. After a year of constant worry, I, too, became ill and was off work for several months. I had always thanked God for my happiness, and had asked for such things as courage and wisdom, but never for anything material. Although Mother had been sending me *Unity* magazine, I had never glanced at it. One evening during the time I was ill I picked up a copy and started reading. The words 'Ask and ye shall receive' fairly jumped at me, and as I read on I learned that I should ask God for whatever I needed. Rather cynically I asked God that a way be

shown me to relieve myself of my debts. Two days later I received word that I had been pensioned by the railroad. The following day I received checks for $500, enough to pay my doctor. I cried for joy—not just because I had received the money, but mostly because I *knew* God had heard my prayer!"

New Stock of Old Favorite

The Unity booklet *Health Is Catching* (Volume IV) has been out of stock for some time, but a new supply of these booklets has just been printed and they are once more available. *Health Is Catching* contains testimonials from persons who have been healed through prayer and faith; you will find it inspiring reading. The booklet is free; just write to Unity Headquarters for your copy.

Training School to Begin

If you would like to learn more about the Unity teachings and how to apply them in your life, or if you are interested in preparing for the Unity ministry, here is your opportunity. Enroll in the Unity Training School. Included in the Training School curriculum are classes in Bible study and

interpretation, studies of the books *Lessons in Truth* and *Talks on Truth,* and spiritual counseling. Four terms of four weeks each will again be offered to students this year. The Training School will open April 21 and close September 12, so make your plans now to attend. For a Prospectus containing full information, write today to Registrar, Unity Training School, Lee's Summit, Mo.

A New Pamphlet

Some time ago, *Daily Word* published an article entitled *"Who" Is the Matter with You?* by the well-known Truth writer, Cleda Reyner. This article was so enthusiastically received that it has now been reprinted in handy pamphlet form. In it, the author shows clearly that if we are to have our bodies operate efficiently, we must maintain an affirmative state of mind. She uses numerous illustrations drawn from her wide experience. If you have friends or relatives whom you would like to introduce to the Truth teaching, give them this stimulating pamphlet; and be sure to order a copy for your own Truth library. *"Who" Is the Matter with You?* may be ordered from Unity Headquarters. It is priced at 5¢ a copy.

PUPPY LOVE?

How often have you smiled at the trials of young people who fancied themselves to be in love? Lots of times, probably; and probably you were quite right and the great romance was soon forgotten. But can't you remember a similar affair in your own past and how serious it seemed to you? The problems of youth always seem terribly grave to a young person; sometimes, having the greater knowledge that comes with experience, we forget that fact.

YOU magazine is designed to help teen-agers solve their own special problems. Its editors try to see things as young people do. YOU contains real, practical advice on dating, finding the right job, improving schoolwork, getting along with people, and many other subjects of vital interest to teen-agers of today. There is also plenty of excellent entertainment in YOU—stories, handicraft projects, and a very special "Tri-Crostic" word puzzle to hold their interest.

Today, help some young person with his problems by giving him a subscription to YOU magazine. It is priced at only $1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

WORSHIP WITH JOY

"Make a joyful noise unto Jehovah, all ye lands. Serve Jehovah with gladness: Come before His presence with singing." These are the exact words of the Bible. We know that God does not require tears and petty self-denials. That is why so many people observe Lent by following the Unity Lenten program. To do so, you do these three things:

Fast—but not from just material things. Fast from the negative thoughts that weaken your faith.

Seek—to learn more about the life of Christ and the things He taught.

Rejoice—in the expectation of ever-increasing blessings.

To follow the Unity Lenten program, you need only your Bible, the book **Teach Us to Pray** by Charles and Cora Fillmore, and the booklet "The Unity Lenten Program." During Lent (February 27 to Easter Sunday), you follow in the two books the daily assignments given in the booklet. Send today for your copy of **Teach Us to Pray,** priced at $1. With it you will receive free the booklet "The Unity Lenten Program"; or if you have the book, the booklet will be sent free on request. Remember, Lent has already begun, so order right away.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MO.

"There is no unbelief;
Whoever plants a seed beneath the sod
And waits to see it push away the clod,
He trusts in God."

When you plant seeds in the springtime, you never doubt that they will grow. When night falls you never doubt that the sun will rise again. You know—and know so certainly that you never stop to wonder at it—that these eternal miracles will be performed. Surely, if you trust God so completely for the other vital things in your life, it is right and reasonable that you trust Him for your daily needs. The Prosperity Bank plan will help you to recognize God as the source of your supply, and will pay you rich dividends in prosperity and inspiration. With the money you save you can help others by sending *Daily Word* gift subscriptions to friends.

Unity School of Christianity, Lee's Summit, Missouri

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save $3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
   Street _____
   City _____ State _____
2. Name _____
   Street _____
   City _____ State _____
3. Name _____
   Street _____
   City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-2-52

UNITY GREETING BOOKLETS

Inspiring as Easter . . .

Lovely as Spring . . .

Friendly as a Smile . . .

This year's new greeting booklet is a collection of poems by Frank B. Whitney, the first editor of DAILY WORD. Its title, FOR THY BENEDICTION, indicates the character of the poems it contains. They are prayer poems that glow with faith; whoever reads them finds a real benediction in their inspiring beauty.

Other Greeting Booklets Suitable for Easter

The Gift of Immortality, Daily Resurrections, Preparation for Easter, The Song of Life, The Land Is Bright, Recipes for Living, To Them That Ask, The Good News, Where I Am King, Be at Peace, The Protecting Presence.

Unity Greeting Booklets are post-card size, and each one comes with an attractive Easter mailing envelope (which requires only 2¢ postage) ready for you to address and mail to your friends. The booklets are priced low, 10¢ each or 12 assorted (your selection or ours) for $1, so order early and order plenty; you'll want some to keep for yourself.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

The Touch of Dawn

JAMES DILLET FREEMAN

The sun gets up as soon as I
These gray March mornings, and the sky
Is full of clouds as soft as spring's
New leaves or crocuses or wings
Of butterflies or birds in flight,
Little rose clouds like bees of light.
Sometimes at dawn I feel God's love;
The first faint intimation of
His presence falls as lightly on
My spirit as the touch of dawn.